

January Elementary Breakfast



Cold cereal and fresh apple slices offered daily.

Students must take a minimum of a half cup of fruit.

All meals are served with 1% white milk or non-fat chocolate milk.



Monday	Tuesday	Wednesday	Thursday	Friday
1 NO SCHOOL <i>Winter Break Dec 18 – Jan 1</i>	2 Mini Cinnamon Rolls	3 Waffles with Syrup	4 Egg, Cheese and Sausage (T) Breakfast Burrito	5 Banana Bread
8 Crumb Cake	9 Muffin and Yogurt	10 Sausage Biscuit (B) Sandwich	11 Mini Pancakes with Syrup	12 Breakfast Pizza (T)
15 NO SCHOOL <i>MARTIN LUTHER KING JR. DAY</i>	16 Honey Wheat Breakfast Bun	17 Pan Dulce	18 Muffin Top	19 French Toast Sticks with Syrup
22 Pancake Sausage (B) on a Stick with Syrup	23 Mini Cinnamon Rolls	24 Waffles with Syrup	25 Egg, Cheese and Sausage (T) Breakfast Burrito	26 Banana Bread
29 Crumb Cake	30 Muffin and Yogurt	31 Sausage Biscuit (B) Sandwich	A selection of fresh fruit served with breakfast every day. Orange juice offered every Wednesday.	

Menu
Subject to
Change
Based on
Product
Availability

Contains:

Beef (B)
Chicken (C)
Pork (P)
Turkey (T)

PLEASE NOTE: FCUSD Food Services requests that eligible families complete a school meals application on-line. Please visit the Food Services Dept website via the FCUSD home page for the on-line application, federal income eligibility guidelines, application instructions and Frequently Asked Questions: www.fcusd.org (On the FCUSD home page, click on Meals & Nutrition.)