Volley Tennis Rules
(The Basics)

Serving:

- Must be underhand
- Servers feet need to be behind the service line
- Serve must go to Center Forward
- Center Forward must let it bounce before hitting over the net

SCORING

- *Rally* scoring will be used.
- There will be a point scored on every score of the ball.
- Offense will score on a defense miss or out of bounds hit.
- Defense will score on an offensive miss, out of bounds hit, or serve into the net.
- Game will be played to 15 pts.
- Must win by 2 points.
- Every 5 points teams switch sides (on sunny days)

ROTATION

- Team will rotate each time they win the serve.
- Players shall rotate in a clockwise manner.
- There shall be 4-6 players on each side.

PLAYING THE GAME (VOLLEY)

- Maximum of three hits per side.
- Player may not hit the ball twice in succession (A block is not considered a hit).
- Ball may be played off the net during a volley. (called a let)
- A ball touching a boundary line is good.
- If there is any doubt give the other team the benefit of the doubt.

BASIC VIOLATIONS

- Stepping on or over the line on a serve.
- Failure to serve the ball over the net successfully after two attempts.
- Hitting the ball illegally (Carrying, Palming, Throwing, etc.).
- Touches of the net with any part of the body while the ball is in play. If the ball is driven into the net with such force that it causes the net to contact an opposing player, no foul will be called, and the ball shall continue to be in play.
- Reaching over the net.
- Blocks or spikes.

THE COURT

PLAYING AREA

- Tennis courts
- Outdoor volleyballs will be used

Volleyball Lingo	Translation
"Rally scoring"	A point is scored on every score of the ball.
"Sideout"	When the team that served the ball makes a mistake, causing the ball to go to the other team.
"Let"	When the ball hits the top of the net and goes over.
"Bump"	Another name for the forearm pass.
"Set"	Using your fingertips to hit the ball in the air.
"Kill"	When a team spikes the ball and it either ends in a point or a sideout.