



"Home of the Eagles"

Vista del Lago High School

1970 Broadstone Parkway

Folsom, CA 95630

Ph: 916-294-2410 Fax: 916-294-2411

<http://www.fcusd.org/vdlhs>

Lori Emmington, Principal

Jonathan Johnson, Vice Principal

Brian Zan, Vice Principal

September 8, 2016

Dear Parent/Guardian:

The Folsom Cordova Unified School District offers a comprehensive program of instruction in family living and sex education (Family Life) for students in grades seven and ten. We believe that young people's attitudes and behaviors regarding relationships and sex are often dependent upon what they have learned from their parents, teachers, relatives, counselors, and peers. It is our hope that after participating in Family Life instruction, students will choose to abstain from sexual activity, develop the knowledge and skills to protect their sexual and reproductive health, and develop healthy attitudes concerning adolescent growth and development, body image, relationships and family.

With the recent passage of Assembly Bill 329, California Healthy Youth Act, and revisions to Education Codes 51930-51939, Family Life instruction will include, but not be limited to, the following:

- Information regarding HIV and other sexually transmitted infections (STIs), including transmission, and FDA approved methods to prevent HIV and STIs and treatment;
- Information that abstinence is the only certain way to prevent unintended pregnancy, HIV and other STIs, and information about the value of delaying sexual activity;
- Discussions regarding social views of HIV and AIDS;
- Information regarding accessing resources for sexual and reproductive health care;
- Information regarding pregnancy, including FDA approved prevention methods, pregnancy outcomes, prenatal care, parenting, adoption, abortion, and the newborn safe surrender law;
- Information regarding sexual orientation and gender, including the harm of negative gender stereotypes;
- Information regarding healthy relationships and avoiding unhealthy behaviors and situations.

The District has adopted the curriculum Positive Prevention Plus. Instruction is age appropriate, factual, medically accurate and objective, and encourages each student to communicate with his or her parents/guardians about human sexuality and HIV/AIDS, and respects the rights of parents/guardians to supervise their children's education on these subjects.

While parents / guardians overwhelmingly support medically accurate, comprehensive sex education, parents/guardians have the ultimate responsibility for imparting values regarding human sexuality to their students. **As the student's parent/guardian, you may request in writing that your son /daughter not receive all or part of the Family Life or HIV/AIDS education.** If you elect to do so, please send your written request to:

*Vista del Lago High School 1970 Broadstone Pkwy
Folsom, CA 95630)*

Family Life instruction will be taught: (9/7/16 – 10/7/16)

As the student's parent/guardian, you have a right to review written and audiovisual materials used in the Family Life Program. Materials will be available in (*on site*).

If you should have further questions regarding information contained in this letter, please contact your student's teacher:

Mr. Reed: rreed@fcusd.org

Additional information regarding the California Healthy Youth Act (California Education Code Sections 51930-51939) is available from our District's Health Programs office at:

1965 Birkmont Drive, Rancho Cordova, CA 95742

Phone: (916) 294-9000 Ext. 102300