

Name: _____

Identify the muscle groups in the picture. Write the letter of the correct answer on the line to the right.

- a. Quadriceps
- b. Triceps
- c. Latissimus Dorsi
- d. Hamstrings
- e. Biceps
- f. Pectoralis
- g. Abdominals
- h. Calves

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 6. _____
- 7. _____
- 8. _____

