

Name: _____

Block: ____

Fit II

SECOND SEMESTER FINAL GRADING

Power Point Format:

<i>Slide 1</i> Title Page (Title of Presentation, Your Name, Fitness 2, & Block #)	/5
<i>Slide 2</i> Diagram or picture of your movement	/10
<i>Slide 3</i> How to execute your movement	/15
<i>Slide 4</i> Muscles used in your movement	/15
<i>Slide 5</i> Describe how Newton's 1 st Law of Motion is used to execute your movement	/15
<i>Slide 6</i> Describe how Newton's 2nd Law of Motion is used to execute your movement	/15
<i>Slide 7</i> Describe how Newton's 3rd Law of Motion is used to execute your movement	/15
<i>Slide 8</i> Site resources	/10

Presentation:

Organization /10

- Student presents information in logical, interesting sequence which audience can follow.

Mechanics /10

- Presentation has no misspellings or grammatical errors.

Eye Contact /10

- Student maintains eye contact with audience, seldom returning to notes.

Elocution /10

- Student uses a clear voice and correct, precise pronunciation of terms so that all audience members can hear presentation.

- **Total Points**

/150