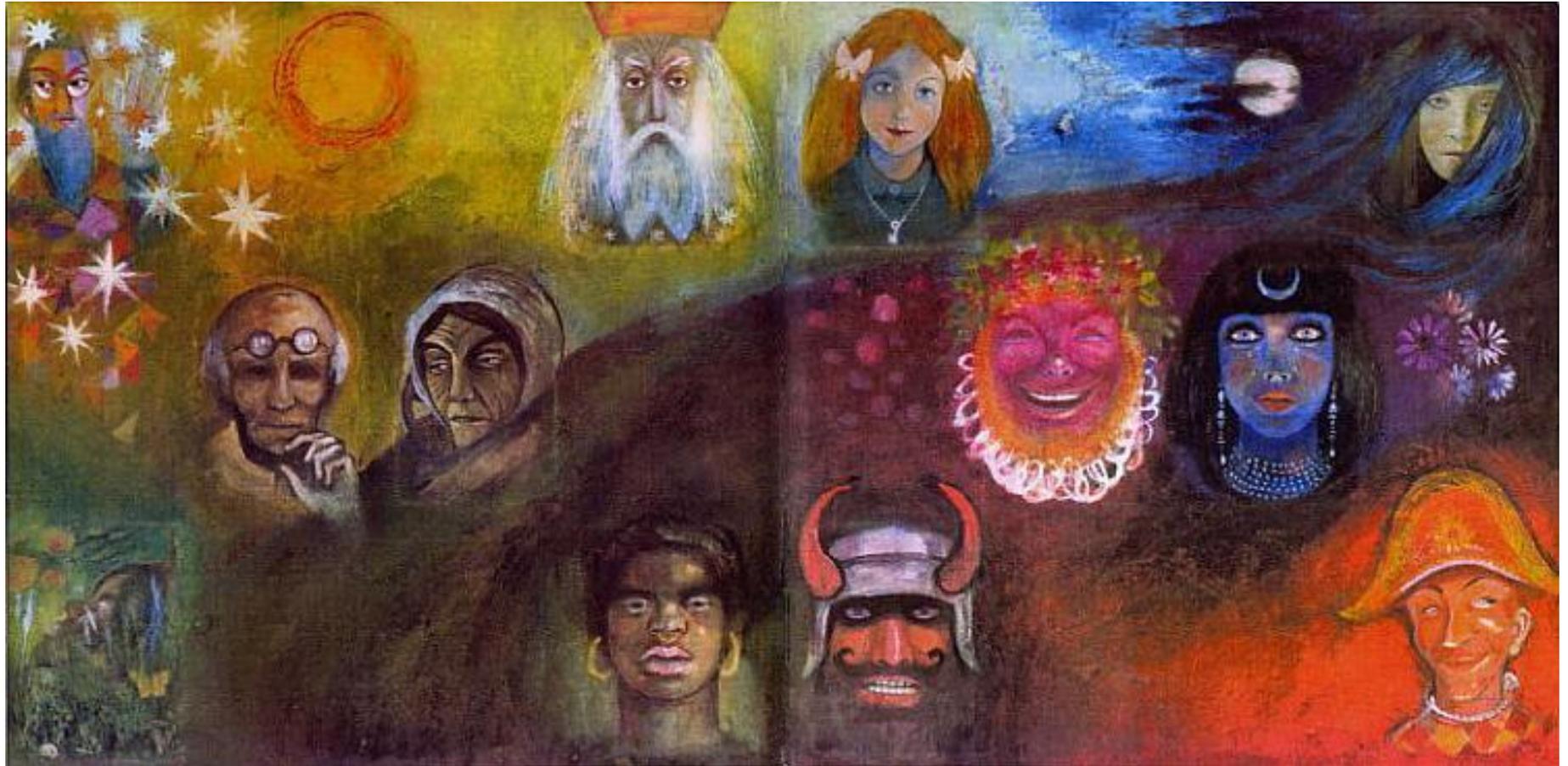


Archetypes



Directions: Please indicate how often you agree with each statement as descriptive of you according to the following scale.

1=**Almost never** descriptive of me

2=**Rarely** descriptive of me

3=**Sometimes** descriptive of me

4=**Usually** descriptive of me

5=**Almost always** descriptive of me

Do not skip any items. If you're unsure, just give your best answer.

1. I collect information without making judgments.
2. I feel disoriented by so much change in my life.
3. The process of my own self-healing enables me to heal others.
4. I have let others down.
5. I feel safe.
6. I put fear aside and do what needs to be done.
7. I put the needs of others before my own.
8. I try to be authentic wherever I am.
9. When life gets dull, I like to shake things up.
10. I find satisfaction in caring for others.

11. Others see me as fun.
12. I feel sexy.
13. I believe that people don't really mean to hurt each other.
14. As a child, I was neglected or victimized.
15. Giving makes me happier than receiving.
16. I agree with the statement, "It is better to have loved and lost than never to have loved at all."
17. I embrace life fully.
18. I keep a sense of perspective by taking a long-range view.
19. I am in the process of creating my own life.
20. I believe that there are many good ways to look at the same thing.

21. I am no longer the person I thought I was.
22. Life is one heartache after another.
23. Spiritual help accounts for my effectiveness.
24. I find it easier to do for others than to do for myself.
25. I find fulfillment through relationships.
26. People look to me for direction.
27. I fear those in authority.
28. I don't take rules too seriously.
29. I like to help people connect with one another.
30. I feel abandoned.

31. I have times of high accomplishment that feel effortless to me.
32. I have leadership qualities.
33. I am searching for ways to improve myself.
34. I can count on others to take care of me.
35. I prefer to be in charge.
36. I try to find truths behind illusions.
37. Changing my inner thoughts changes my outer life.
38. I develop resources, human or natural.
39. I am willing to take personal risks in order to defend my beliefs.
40. I can't sit back and let a wrong go by without challenging it.

41. I strive for objectivity.
42. My presence is often a catalyst for change.
43. I enjoy making people laugh.
44. I use discipline to achieve goals.
45. I feel loving toward people in general.
46. I am good at matching people's abilities with tasks to be done.
47. It is essential for me to maintain my independence.
48. I believe everyone and everything in the world are interconnected.
49. The world is a safe place.
50. People I've trusted have abandoned me.

51. I feel restless.
52. I am letting go of things that do not fit for me anymore.
53. I like to “lighten up” people who are too serious.
54. A little chaos is good for the soul.
55. Sacrificing to help others has made me a better person.
56. I am calm.
57. I stand up to offensive people.
58. I like to transform situations.
59. The key to success in all aspects of life is discipline.
60. Inspiration comes easily to me.

61. I do not live up to my expectations for myself.
62. I have a sense that a better world awaits me somewhere.
63. I assume that people I meet are trustworthy.
64. I am experimenting with turning my dreams into realities.
65. I know my needs will be provided for.
66. I feel like breaking something.
67. I try to manage situations with the good of all in mind.
68. I have a hard time saying no.
69. I have a lot more great ideas than I have time to act on them.
70. I am looking for greener pastures.

71. Important people in my life have let me down.
72. The act of looking for something is as important to me as finding it.

Transfer your responses to the blanks and then total your scores. The archetype with the highest score is the one that most closely matches your current archetype.

Innocent:

5: _____

13: _____

34: _____

49: _____

63: _____

65: _____

Total: _____



Warrior:

6: _____

39: _____

40: _____

44: _____

57: _____

59: _____

Total: _____



Orphan:

14: _____

22: _____

27: _____

30: _____

50: _____

71: _____

Total: _____



Caregiver:

7: _____

10: _____

15: _____

24: _____

55: _____

68: _____

Total: _____



Seeker:

33: _____

47: _____

51: _____

62: _____

70: _____

72: _____

Total: _____



Lover:

12: _____

16: _____

17: _____

25: _____

29: _____

45: _____

Total: _____



Destroyer:

2: _____

4: _____

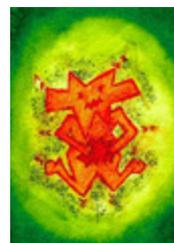
21: _____

52: _____

61: _____

66: _____

Total: _____



Creator:

8: _____

19: _____

31: _____

60: _____

64: _____

69: _____

Total: _____



Magician:

3: _____

23: _____

37: _____

42: _____

48: _____

58: _____

Total: _____



Ruler:

26: _____

32: _____

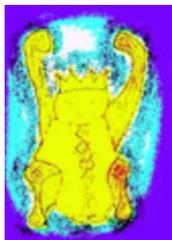
35: _____

38: _____

46: _____

67: _____

Total: _____



Sage:

1: _____

18: _____

20: _____

36: _____

41: _____

56: _____

Total: _____



Fool:

9: _____

11: _____

28: _____

43: _____

53: _____

54: _____

Total: _____



What is an archetype?

- An archetype is an original model after which other similar things are patterned.
- They are characters or personality types universally recognized by all.
- Psychologists see archetypes as being part of our consciousness.
- They have been with us in the dawn of time.
- We see them reflected in dreams, mythology, fairy tales, literature, art, movies, people we know/hear about, and religion.

- Because the archetypes are part of our consciousness, all 12 can come into our lives and personality at any time.
 - Each archetype brings with it a task, lesson, and a gift.
- How we view the world is defined by which archetype currently dominates our thinking and acting. For example:
 - When the Warrior is dominant, we see challenges to be overcome.
 - When the Caregiver is dominant, we see people who need to be cared for.
 - When the Fool is dominant, we see ways to have a good time.

Traits of the Archetypes:

Innocent: The innocent is filled with trust and optimism. S/he believes in the good of mankind and that people can be trusted.

Orphan: The orphan has been abandoned or victimized. Life to them is one heartache after another, as the people they trust constantly let them down.

Warrior: The warrior sees challenges that need to be overcome, whether they be personal or societal. The warrior uses discipline to achieve his/her goals.

The Caregiver: The caregiver puts others' needs before his/her own and enjoys giving. S/he can be very sacrificing and has a hard time saying no.

Traits of Archetypes:

The Seeker: The seeker feels restless with the world as it is and wants to find truths—truths that will help the world /himself/ herself become better.

The Lover: The lover embraces life fully, taking love whenever s/he can get it. They find fulfillment through relationships and connecting others.

The Destroyer: The Destroyer feels that things have changed and that s/he is not the person s/he once was and this has let others down.

The Creator: The Creator feels fully invested in taking charge in his/her own life. The Creator has a lot of ideas and energy and is experimenting with bringing dreams to reality.

Traits of Archetypes

The Ruler: The Ruler likes to be in charge and feels that s/he has leadership skills necessary to develop everyone's potential to the best of their abilities.

The Magician: The Magician is a very spiritual person—s/he believes that inner thoughts are very powerful and can change both the self and the world.

The Sage: The Sage is invested in knowledge and the truth in life. S/he is good at keeping things in perspective before making judgments and at staying calm.

The Fool: The Fool is a pleasure seeker. The Fool likes to keep things lighthearted and makes sure that everyone has fun and laughs. S/he does not take rules too seriously.