



Folsom Cordova School District Community Resource List

Abuse & Family Violence

Adult Protective Services	(916) 874-9377
Child Protective Services	(916) 875-5437
Domestic Violence Unit, District Attorney's	(916) 874-5064
Diogenes Youth Services Safe House	(916) 363-0063
Sacramento Crisis Nursery (AGES 0-5)	(916) 394-2000
Victim Witness Assistance Program	(916) 874-5701
WEAVE – Domestic Violence Help	(916) 920-2952
WIND Youth Services & Safe House	(916) 443-8383

Child Care & Parent Support

Big Brothers/ Big Sisters	(916) 646-9300
Birth & Beyond	(916) 361-8684
California Youth Crisis Hotline	(800) 843-5200
Child Action Referral Service	(916) 369-0191
Diogenes Youth Crisis Hotline	(800) 339-7177
Folsom Cordova Community Resource Center (FCCP)	(916) 361-8684
FCUSD Family Support Services	(916) 861-0611
Grandparents Raising Grandchildren	(916) 927-4196
Runaway Hotline (24 hours)	(800) 621-4000
Sacramento Child Care Information	(916) 875-6886

Disabilities/ Special Needs

Developmental Disabilities Area Board III	(916) 324-7426
Alta Regional Services	(916) 978-6400
California Children's Services (CCS)	(916) 875-9900
Dial-A-Ride (Folsom)	(916) 355-8347
ParaTransit	(916) 429-2009
Social Security Administration	(391) 381-9410
Warm Line Family Resource Center	(916) 455-9500

Emergency & Disaster Services

Emergency	9-1-1
Folsom City Police	(916) 355-7230
Rancho Cordova Police	(916) 362-5115
Sacramento Sheriff & Chaplain Office	(916) 874-5115
Animal Care & Regulation	(916) 851-8852
Mental Health Emergency (24 hours, Adult/Child)	(916) 875-1000
Poison Control Emergency	(800) 222-1222
Red Cross	(916) 993-7070
Sacramento Emergency Operations	(916) 874-4670
Suicide Prevention Hotline	(916) 368-3111
Volunteers in Victim Assistance (VIVA)	(916) 368-8482

Food Programs

Loaves & Fishes (lunch)	(916) 446-0874
Rancho Cordova Food Locker	(916) 364-8973
Senior Nutrition Services (Meals on Wheels)	(916) 444-9533
St. Vincent de Paul	(916) 985-4630
Twin Lakes Food Bank	(916) 985-6232
WIC (Nutrition Program- Women, Infants, Children)	(916) 326-5830

Transportation

Folsom Stage Lines	(916) 355-8437
Sac Regional Transit	(916) 321-2877

Health Services

CA Health Rights Hotline	(916) 551-2100
CHDP (Childrens' Physical Exams)	(916) 875-7151
Folsom Family Clinic/WellSpace	(916) 983-3658
MediCal Ombudsman	(888) 452-8609
Sacramento-Covered	(916) 414-8333
Sac Co Medically Indigent Svc Program (CMISP)	(916) 874-9238
Sac County Dental Clinic	(916) 874-8300
Sacramento District Dental Society	(916) 446-1227
Sac County PHN/ Nurse (NOD)	(916) 875-0900
Sac County Primary Care Clinic 4600 Broadway Sac	(916) 874-9670
WellSpace	(916) 737-5555

Housing/ Welfare Programs

Francis House	(916) 443-2646
Lutheran Social Services	(916) 453-2900
Mary House Daytime Shelter	(916) 446-4961
Mercy Housing	(916) 414-4400
Power House Ministries	(916) 983-0658
Sac Area Emergency Housing (families)	(916) 454-2120
Sac Dept Human Assist (Calworks, MediCal, Food Stamps)	(916) 875-8600
Salvation Army (no children)	(916) 452-9388
St John's Shelter for Women	(916) 453-1482
Volunteers of America (Men)	(916) 448-5507
Wellspring Womens' Center	(916) 454-9688
Union Gospel Mission	(916) 447-3268

Mental Health & Substance Abuse Programs

AlAnon Family Groups	(916) 334-2970
Alcoholic Anonymous	(916) 454-1100
Another Chance/ Another Choice	(916) 361-2089
Bereavement Outreach	(916) 557-5882
BiValley Detox Program	(916) 649-6793
Catholic Social Services	(916) 368-3260
Children's Clinical Case Mgmt. Services (CCMS)	(916) 732-9680
Diogenes Youth Counseling	(800) 339-7177
Full Circle Treatment Center	(916) 787-4357
Mental Health America of Sacramento	(916) 366-4600
Mexican-American Alcoholism Program (MAAP)	(916) 394-2320
NAMI	(916) 364-1642
Pacific Trauma Center	(916) 608-4569
Sac County Child & Family Access Team	(916) 875-9980
WIND Youth Services	(800) 443-8333

Pregnancy Services

Birth & Beyond	(916) 361-8684
Birthing Project Clinic	(916) 442-2229
Alternatives Pregnancy Center	(916) 880-4040
Planned Parenthood	(916) 781-3310
Sacramento Life Center	(916) 451-2273
Women's Health Specialists	(916) 451-0621

Sacramento Info Line	(916) 498-1000
	or 2-1-1