



# September Elementary Lunch



Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>OFFERED DAILY:</b> Hummus &amp; Crackers</p>	<p><b>Birthday Big Spoon Fruit Sorbet at the end of the month (1/4 cup fruit)</b> <b>(Student must take a school lunch to receive this treat)</b></p>			<p>1 Macaroni &amp; Cheese Corn Dog (C)</p>
<p>4 <b>NO SCHOOL</b> <b>LABOR DAY</b></p>	<p>5 Chicken Taquitos (C) with Salsa Rotini Pasta with Meat Sauce (B)</p>	<p>6 Cheese Enchiladas Potstickers (C) with Sweet &amp; Sour Sauce</p>	<p>7 Popcorn Chicken (C) with Crackers Beef &amp; Cheese Burrito (B)</p>	<p>8 Chicken Patty on a Bun (C) Jalapeno Mozzarella Bites</p>
<p>11 Chicken and Cheese Quesadilla (C) Deli Sandwich (T)</p>	<p>12 Max Stix Baked Cheese Sticks with Marinara Taco Pocket (T) with Salsa</p>	<p>13 Mandarin Orange Chicken (C) over Brown Rice Bean &amp; Cheese Burrito</p>	<p>14 Grilled Cheese Sandwich Hot Dog (T) on a Bun</p>	<p>15 Bean &amp; Cheese Dip with Tortilla Chips Chicken Tenders (C) with Crackers</p>
<p>18 Chicken Drumstick (C) and a Waffle Beef &amp; Cheese Taco Crisp Up (B) with Salsa</p>	<p>19 Yogurt, Muffin and String Cheese Hamburger (B) on a Bun</p>	<p>20 Pepperoni Pizza (B, T) Bean &amp; Cheese Pupusa with Salsa</p>	<p>21 Chicken Nuggets (C) with Crackers Pork Rib Sandwich (P)</p>	<p>22 Macaroni &amp; Cheese Corn Dog (C)</p>
<p>25 Cheese Pizza Cheeseburger Sliders (B)</p>	<p>26 Chicken Taquitos (C) with Salsa Rotini Pasta with Meat Sauce (B)</p>	<p>27 Cheese Enchiladas Potstickers (C) with Sweet &amp; Sour Sauce</p>	<p>28 Popcorn Chicken (C) with Crackers Beef &amp; Cheese Burrito (B)</p>	<p>29 Chicken Patty on a Bun (C) Jalapeno Mozzarella Bites <i>Big Spoon Fruit Sorbet</i></p>

Students must take 3 of the 5 components offered and a minimum of a half cup of fruit and/or vegetable.

All meals are served with 1% white milk or non-fat chocolate milk.

Menu Subject to Change Based on Product Availability

One lunch is NO COST for all students  
Lunch includes an entrée, one trip to the garden bar and milk

**Birthday cups at the end of the month!**

Contains:

- Beef (B)
- Chicken (C)
- Fish (F)
- Pork (P)
- Turkey (T)

**PLEASE NOTE:** FCUSD Food Services requests that eligible families complete a school meals application on-line. Please visit the Food Services Dept website via the FCUSD home page for the on-line application, federal income eligibility guidelines, application instructions and Frequently Asked Questions: [www.fcusd.org](http://www.fcusd.org) (On the FCUSD home page, click on Meals & Nutrition.)