

Oak Chan Elementary



Principal's Weekly Message
October 9, 2020

Good Day OC Families!

Highlights from this Past Week:

I have thoroughly enjoyed all the notes and messages that students have been sending me. Students have shared how they enjoy the Monday Morning Message and visiting my virtual office. It warms my heart and puts a smile on my face. Their resilience and optimism are commendable. So proud of our Dragons!

Weekly SKORR Challenge: This upcoming week's challenge is in support of **Social and Emotional Learning; Managing Emotions**. For the activity, follow this [LINK](#)

Distance Learning Updates Please [CLICK HERE](#) to see the most recent update from the district

Social Emotional Learning (SEL) Tip of the Week

From EDUTOPIA:

Be a good listener. Joshua Freedman, Chief Operating Officer at Six Seconds, a nonprofit organization supporting emotional intelligence in families, schools, corporations, and communities, describes listening as a "core competency skill." Unfortunately, it's not always practiced by parents or children.

Model the behavior you seek. Whether it's apologizing when you're in the wrong or treating others with respect and kindness, children learn a great deal about relationships from observing the behavior of their parents. In the words of Maurice Elias, co-author of two books on emotionally intelligent parenting, parents should remember the "24K Golden Rule: We should always think about the impact of our actions on kids, and be as particular in what we do with our kids as we would want others to be with our kids

Nurture your child's self-esteem. A child with a good sense of self is happier, more well-adjusted, and does better in school. Strategies for fostering self-esteem include giving your child responsibilities, allowing her to make age-appropriate choices, and showing your appreciation for a job well done.

Respect differences. Every child has his or her own unique talents and abilities. Whether in academics, athletics, or interpersonal relationships, resist the urge to compare your child to friends or siblings. Instead, honor your child's accomplishments and provide support and encouragement for the inevitable challenges they may face.

Food for Thought:

During this time of Distance Learning, the OC team knows it is very tempting to intervene during synchronous teaching time. We do understand that some students may need to be monitored to be sure they are connected and engaged. Making sure that your child is 'learning ready' is always appreciated. Our team does respectfully request that you do not intervene/participate in the synchronous lesson. Please simply encourage your student to do their best. Over prompting or overly assisting will hinder student independence as well as....

1. Cause the lesson or assessment to be invalid, when graded;
2. Negate the results of any assessment;
3. May impact placement in leveled groupings, based on inaccurate results;
4. Cause concern upon return to the classroom when skills/grades are inconsistent with what had been demonstrated during Distance Learning.

We also ask that you be cognizant of the surroundings in view of others; remaining out of screen and audio range as much as possible. Your on-going cooperation and support is always appreciated.

On the Horizon:

October 9th – 16th: Virtual Dragon Rally
October 24th OC CARnival

Keep tracking your child's Reading and Math Fact practice minutes. The Principal's PRC and PMC are underway! [Challenges](#)

Stay Connected! Bookmark our [website](#) - which we update often, and follow us on our **Oak Chan PTO** [Facebook](#) page. Visit [MrsBahrysOffice](#) Take your 'mouse' and wherever the 'hand' lands on a picture, such as the Squirrel, click and you will find something fun.

And stay strong by focusing on *Relationships, Routines, and Resilience.*

"Life's hurdles can be great opportunities when we fix our minds to rise above them." ~L. Patz

As always, please call or email us if there's anything you need.

Sincerely,

Principal Bahry