

Oak Chan Elementary



Principal's Weekly Message
October 30, 2020

Good Day OC Families!

Highlights from this Past Week:

October at the OC means a fabulous fall carnival and a highly spirited Red Ribbon Week. Our drive-thru CARnival was a huge success due to Kim Jones, Kathy Wright, and some very creative OC families. Aletha Bowman once again took the reins and organized an outstanding RRR Week. A huge THANK YOU to them and all of our volunteers and donors; another reason why Oak Chan is a fabulous place to be!

I would also like to recognize our hard-working staff. Countless extra hours have been given to re-organize our classes and prepare the site for 'in-person' learning. While all these changes are being addressed, our staff continues to fulfill so many other day to day responsibilities. I am continually in awe of their dedication and hard work. I appreciate all the well wishes and encouraging words that many of you have shared with us. *A little kindness can change everything.*

Weekly SKORR Challenge: This upcoming week's challenge is to practice [Wearing a Mask](#), [Social Distancing](#) and keeping [Hands Clean](#). Click here for the activities.

Distance Learning Updates Please [CLICK HERE](#) to see the most recent update from the district

Social Emotional Learning (SEL) Tip of the Week

As we draw near to our return to 'in-person' instruction, I thought this article on *How to help your child cope with the transition back to school* might be of assistance. [Transition Back to School](#)

Food for Thought:

When it comes to self-care ideas, try focusing on the following, fundamental stress-reducing techniques so you can get back to neutral and see things more clearly. Whether you call it self-care, me-time, or "break glass in case of emergency," here are the best tools and activities to have in your back pocket when times are particularly tough.

- ✓ Make sure you're meeting your basic needs.
- ✓ Get moving
- ✓ Try meditation
- ✓ Focus on your breathing
- ✓ Spend time outside
- ✓ Practice positive thinking
- ✓ Write a gratitude list

On the Horizon:

Sun 11/1 Day Light Savings Time
Fri 11/6 Teacher Report Card Prep (Class Meeting followed by Async Learning)
Mon 11/9 2nd Trimester Begins (Class Meeting followed by Async Learning)
Tues 11/10 Class Meeting followed by Async Learning
Wed 11/11 Veteran's Day – Holiday/No School
Thurs 11/12 Hybrid Students begin 'in-person' instruction

Keep tracking your child's Reading and Math Fact practice minutes. The Principal's PRC and PMC are underway! [Challenges](#)

Stay Connected! Bookmark our [website](#) - which we update often, and follow us on our **Oak Chan PTO Facebook** page. Visit [MrsBahrysOffice](#) Take your 'mouse' and wherever the 'hand' lands on a picture, such as the Squirrel, click and you will find something fun.

And stay strong by focusing on *Relationships, Routines, and Resilience.*

*"The greatest discovery of all time is that a person can change his future by merely changing his **attitude.**" —O. Winfrey*

As always, please call or email us if there's anything you need.

Sincerely,
Principal Bahry