

AWARENESS OF PEOPLE WITH DISABILITIES

Resources for FCUSD



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**WHO ARE PEOPLE WITH
DISABILITIES**



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ENVIRONMENT**



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AND LEARNING**





01 WHO ARE PEOPLE WITH DISABILITIES?



**“EVERY PERSON
WITH A DISABILITY IS
AN INDIVIDUAL”**

-Itzhak Perlman

Israeli American Violinist

Won 16 Grammys

Awarded the Presidential Medal of Freedom, 2015

“A person with a disability is someone who has a long-term, physical, hearing, seeing, cognitive, mental, or emotional impairment that substantially limits one or more major life activity.

The disability population is diverse in terms of disability characteristics (the type and severity of the disability, and the age at which the disability was acquired) and lived experience.

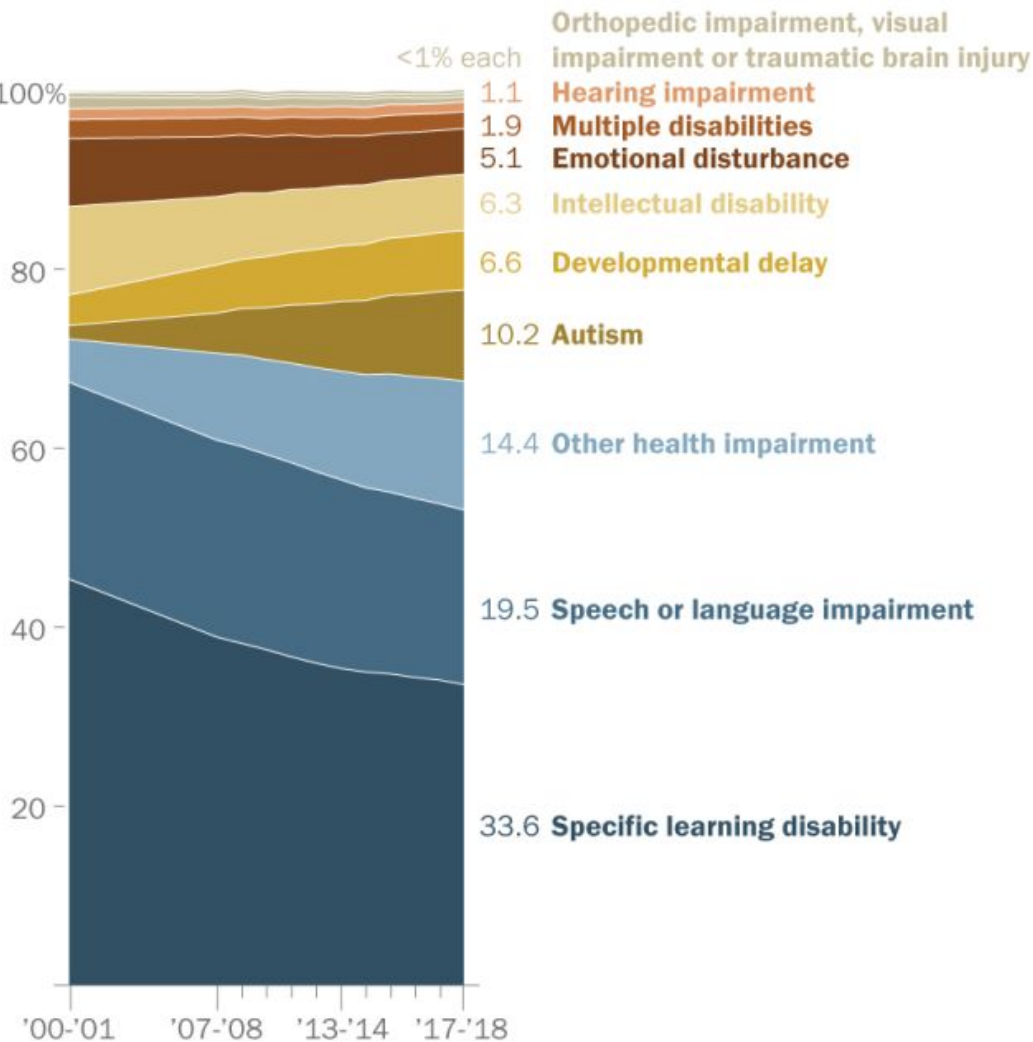
There are between 40-57 million people with disabilities in the United States, which is 13-20 percent of the population.”

-National Disability Institute

HABEN GIRMA

Meet Harvard Law School's first deafblind graduate.





**ABOUT 1/3 OF
STUDENTS ELIGIBLE
FOR SPECIAL
EDUCATION SERVICES
HAVE A “SPECIFIC
LEARNING DISABILITY”**

According to Pew Research Center

**“I’M NOT YOUR INSPIRATION,
THANK YOU VERY MUCH”
-STELLA YOUNG**

**WARNING: THIS VIDEO CONTAINS A
SWEAR WORD.**





02 CREATING AN INCLUSIVE ENVIRONMENT

PEOPLE OF DETERMINATION



USING PEOPLE FIRST LANGUAGE CONTRIBUTES TO A POSITIVE IMAGE OF PEOPLE WITH DISABILITIES

Say this

How should I describe you or your disability?

Disability

People with disabilities, disabled

Survivor

Uses a wheelchair, wheelchair user

Service dog or service animal

Accessible parking or restroom

Person with Down syndrome

Intellectual disability

Autistic, on the autism spectrum, atypical

Person with a brain injury

Person of short stature, little person

Person with a learning disability

Person with mental illness, psychiatric disability

Person with spinal cord injury

Amputee, has limb loss

Nondisabled, person without a disability

Instead of

What are you? What happened to you?

Differently abled, challenged

Handicapped

Victim, suffers from

Confined to a wheelchair

Seeing eye dog

Handicapped parking, disabled stall

Mongoloid

Mentally retarded, mental retardation

Abnormal

Brain damaged

Midget, dwarf

Slow learner, retard

Crazy person, psycho,

Cripple

Gimp

Normal, able bodied, healthy

<https://rtcil.org/products-media>



INCLUSIVE INTERACTIONS

ASK BEFORE YOU HELP

Offer assistance only if the person appears to need it or communicates that they need help. If they do want help, ask how they want to be helped.

DON'T MAKE ASSUMPTIONS

People with disabilities are the best judge of what they can and cannot do.

BE SENSITIVE ABOUT PHYSICAL CONTACT

Avoid touching a person's wheelchair, scooter, service dog or cane. People with disabilities consider their equipment part of their personal space.

"HIDDEN" DISABILITIES

Consider that not all disabilities are visible and people may behave in ways that seem uncomfortable to you. This behavior may be related to a disability.

NEURODIVERSITY: THE NEW NORMAL



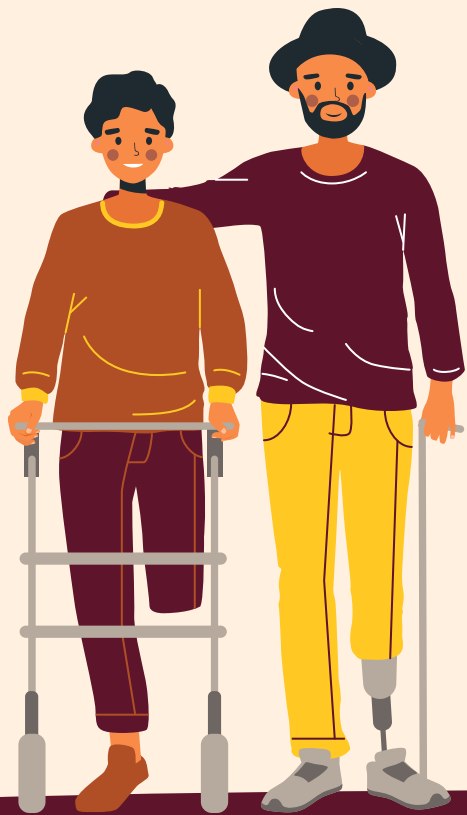
ELEMENTS OF AN INCLUSIVE CURRICULUM

[Click for a link to the full article from Edutopia for more details and ideas](#)



Hold my hand and walk with me,
We must break the back of social inequity;
We must empower every individual with a disability,
To live with dignity in an inclusive society.

—WILLIAM E. LIGHTBOURNE



03 RESOURCES

Lesson plan and book
recommendations for Elementary,
Middle and High School.



LESSON PLANS FOR ELEMENTARY

DANCERS ON WHEELS (3-5)

In this ELA lesson students will read about two dancers who use wheelchairs.

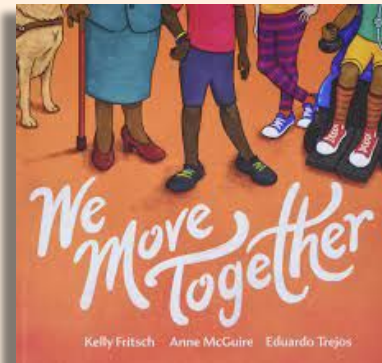
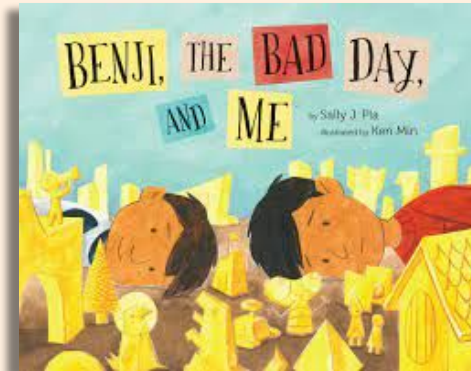
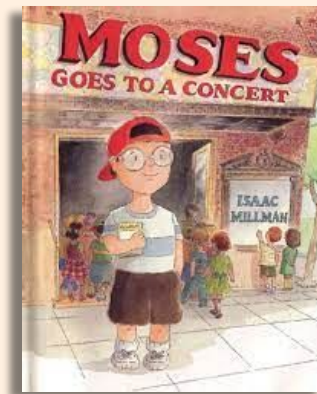
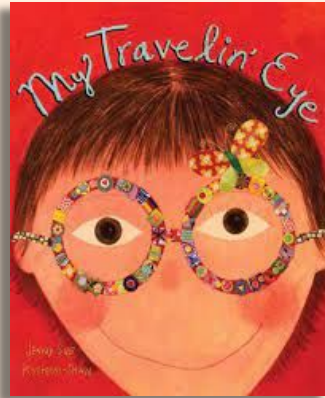
MODIFIED LESSON PLANS

This is a huge collection of modified worksheets, lessons, strategies and visual cues

MUSEUM OF DISABILITY HISTORY

The lesson plans from the Museum of disABILITY are easy to teach and full of positive messages.

BOOKS FOR ELEMENTARY SCHOOL



Please click on the book for a read aloud video.

LESSON PLANS FOR MIDDLE SCHOOL

1 OUT OF 5 PROJECT

This series of [5 lessons](#) teaches disability history and develops pride in differences.

UNDERSTANDING DISABILITIES

[Click](#) to find a lesson plan that will deepen understanding of people with disabilities from Learning for Justice.

THE FIGHT FOR DISABILITY RIGHTS

[This lesson plan](#) from Junior Scholastic incorporates Social Studies and Language Arts.

LESSON PLANS FOR HIGH SCHOOL



MUSEUM OF DISABILITY HISTORY

The lesson plans from the Museum of disABILITY are designed to meet ELA and SS standards.

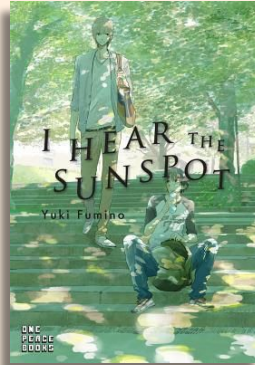
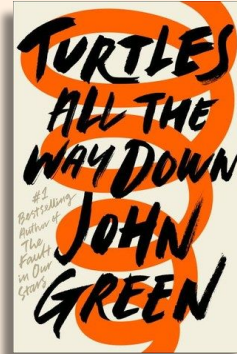
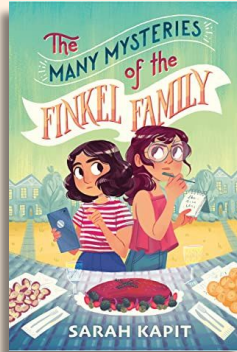
CRIP CAMP CURRICULUM

The movie Crip Camp was a 2020 Sundance Film Festival winner. This R rated movie is appropriate for age 15+ according to Common Sense Media. The curriculum highlights relevant scenes and it is not appropriate to watch the entire film in class.

INVENTING “ASSISTIVE DEVICES” LESSON

This comprehensive engineering lesson plan, developed for PBS by a Project Lead the Way teacher, explores designs for assistive technology and devices.

BOOKS FOR MIDDLE AND HIGH SCHOOL



Please click on the book covers for a link to a review or study guide.