

The ACTT program serves students aged 18-21 who continue to be eligible to receive a free, appropriate public education. The students are also eligible for services from Alta California Regional Center, an active program partner.

ACTT has access to employment training in the community for our students.



District support for the program comes through a commitment to serve students in the least restrictive environment and to prepare them for the transition from students to adult living with as much independence as possible.

Hours:

Mon/Tues/Wed/Thurs and Fridays
8:00 am - 2:00 pm

Wednesdays
8:00 am - 12:45 pm.

Folsom
Lake High School campus
955 Riley Street
Folsom, CA 95630
(916) 294-9055

Our Partners

Alta Regional Center
Community Vendors
Department of Rehabilitation
Folsom Lake Bowl
Folsom Library
Grocery Outlet
Hilton Garden Inn
Los Rios College District
Regional Transit
Snowline Hospice
Trinity Church - Folsom
Workability Program



ACTT Program

Active Community Transition
Training

Transition Program

ACTT has four major goals:

- ◆ To develop independent living skills.
- ◆ To develop employment skills.
- ◆ To develop education training.
- ◆ To establish a seamless connection to adult services and community resources.

Employment Skills



- Community service
- Career awareness
- Workability participation
- Occupational awareness
- Resume writing
- Appropriate work behavior
- Task completion
- Punctuality
- Personal appearance
- Explore continuing education

Independent Living



- Maintaining a household
- Nutrition/Shopping/Cooking
- Maintaining a budget and checking account
- Personal responsibility
- Healthy relationship skills
- Health and safety
- Recreation and leisure skills
- Participation in Special Olympics
- Coping strategies
- Functional communication skills
- Self management of challenging behavior

Education and Travel Training



- Transportation to/from work
- Use of public transportation
- Reading bus schedules
- Asking for assistance
- Consumer skills
- Social competence

Safety skills such as:

- ⇒ Understanding time constraints
- ⇒ What do I do if I'm lost?
- ⇒ Using a cell phone

