

Internet Resources Addressing Test Anxiety, Study Habits, and Test Taking Strategies

Test Anxiety

<http://www.counsel.ufl.edu/selfHelp/testAnxiety.asp>

Managing Test Anxiety

<http://www.sdc.uwo.ca/learning/mcanx.html>

Self Help: Test Anxiety

<http://www.couns.uiuc.edu/brochures/testanx.htm>

Study Habits and Test Anxiety

<http://ub-counseling.buffalo.edu/stressstudy.shtml>

Dealing with Test Anxiety

<http://www.studygs.net/tstprp8.htm>

Test Anxiety

<http://campus.umn.edu/counsel/selfhelp/vpl/testanxiety.htm>

Test Anxiety

<http://isis.fastmail.usf.edu/counsel/self-hlp/testanx.htm>

Test Anxiety

<http://www.campusblues.com/test.asp>

Test Taking Strategies

http://www.d.umn.edu/student/loon/acad/strat/test_take.html

Study Tips and Test Taking Strategies

<http://www.eop.mu.edu/study/>

Study Guides and Strategies

<http://www.studygs.net/>

Test Taking Strategies

<http://www.bucks.edu/~specpop/tests.htm>

Test Taking Strategies

<http://www.byu.edu/ccs/learning/strategy.php>

Test Taking Tips

<http://www.testtakingtips.com/>

Tips for Better Test Taking

<http://www.studygs.net/tsttak1.htm>

Professional Development Academy: Test Taking Strategies

http://www.students.vcu.edu/pda/tts_cd/index.html