



# FOLSOM HIGH SCHOOL PTSA MEMBERSHIP/VOLUNTEER FORM

We are always looking for help! Please email Tina Cahill, PTSA Membership Chairperson ([FHSPTSAmembership@gmail.com](mailto:FHSPTSAmembership@gmail.com)) or visit our website ([www.FCUSD.org/FolsomHighPTSA](http://www.FCUSD.org/FolsomHighPTSA)) and click on "How You Can Help" if you are interested in volunteering for any PTSA program.

You may also circle any of the events or opportunities listed below that may interest you, and we will contact you:

### Specific Programs

- |   |  |
|---|--|
| 1. Fall PTSA Fundraiser (Fall 2020)             | 4. Sober Grad Night Event (May 2021)                       |
| 2. PTSA Online Auction Fundraiser (Spring 2021) | 5. Senior Class Breakfast (Graduation Day before practice) |
| 3. Host a foreign exchange student              | 6. Staff/Teacher Appreciation (Spring 2021)                |

### Ongoing Opportunities

1. Assist with various PTSA sponsored events
2. Assist in library and other departments at FHS as needed
3. Assist with Reflection Art Contest (September- November)
4. Sell FHS Bulldog logo apparel Fridays at lunch, sporting events and school activities
5. Hospitality Committee needs
6. Shadow a PTSA Executive Board member or a Committee Chairperson for the school year

### Donations / Sponsorships / Gifts in Kind

You may make a one-time contribution to our PTSA fund. All proceeds go directly to every department to support your student's academic needs. Visit [www.FCUSD.org/FolsomHighPTSA](http://www.FCUSD.org/FolsomHighPTSA) or send in a check as described below.

## PTSA Membership 2020-2021:

Yes, we would like to become a FHS PTSA Member. Each membership is \$10.00.

To Join Go Online to [www.folsomhighptsa.com](http://www.folsomhighptsa.com) and click on Join PTSA or Make your check payable to FHS/PTSA

Name(s) \_\_\_\_\_

Phone \_\_\_\_\_ Address \_\_\_\_\_

Email (Please Print clearly) \_\_\_\_\_

Student Name(s) \_\_\_\_\_ Grade(s) \_\_\_\_\_

Membership for Parent \_\_\_\_\_ Student \_\_\_\_\_ FHS Teacher \_\_\_\_\_ Total Number of Memberships \_\_\_\_\_

Note: Seniors must be a PTSA member to Qualify for the PTSA Scholarships

**Mail this completed form and your check to:** Folsom High School, Attn: PTSA Membership, 1655 Iron Point Rd., Folsom, CA 95630  
**OR** bring this form to the "Dog Walk" **OR** you/your student can give it to any teacher or bring it to the office. Thank you!!!

**Please note:** Email addresses are maintained exclusively by the FHS PTSA and used strictly for the purpose of communicating with our members

Questions can be sent to Tina Cahill, FHS PTSA Membership Chairperson at ([FHSPTSAmembership@gmail.com](mailto:FHSPTSAmembership@gmail.com))

PTSA to complete: Payment date _____	Membership amount _____	Donation amount _____
Method of Payment: Check # _____	Cash _____	Credit card _____ Notes: _____



## WHY JOIN THE FHS PTSA?

*“Is the PTSA really relevant? Don’t you guys just run bake sales and sell magazines?”*

**Not only are we relevant, sometimes the PTSA is the difference that takes Folsom High from a good school to a great school.**

It’s no secret that for years now, we have lacked adequate funding to provide some of the educational experiences our children deserve. What you may not know is that, with the generous support of parents and staff, the PTSA has been making a difference by sponsoring and funding programs that impact EVERY child in this school, throughout their entire high school experience.

Each and every one of your children - from a freshman to a senior – continues to benefit from PTSA programs. We sponsor programs starting with the Freshman Kickoff – a unique program designed to ease that difficult transition to High School - all the way up to Sober Grad Night, the final, memorable evening of your child’s high school experience. With limited counseling resources available at FHS, the PTSA has stepped in to offer SAT and ACT practice tests throughout the year as well as High School Transition and College Planning evenings for parents.

The PTSA is making a difference in the classroom too. From textbooks to lab equipment, from the clubs your student joins to the crackers they get from the nurse’s office on that day they just did not feel well, the PTSA is there to help.

So, **become a member**. The \$10 membership fee is one of our key sources of funding AND you will automatically be on our mailing list to receive relevant information and updates.

**Volunteer** – we always need help. There are opportunities from a couple of hours chaperoning a school dance or helping with Spirit Wear to major involvement as a Board member.

**Support our fundraisers**, including our Fall Buck\$ for Bulldogs and our Spring eBash Online Auction. Take the time to attend our programs.

Your student’s education will be better for it.

### **Additional PTSA Supported Programs**

- Financial Support for Academic Programs
- Student Rallies
- Club Stipends
- “Every 15 Minutes” Program
- College Perspective Nights
- Reflections Fine Arts
- Folsombration
- Scholarships
- Health Services

