



FCUSD Middle School Cell Phone Policy

Beginning 23/24 School Year





The New Policy

BP 5131.8

Cell phones and mobile devices must be off and out of sight from the first bell at 8:25am until the last bell at 3:00pm (1:35pm on Thursdays)

No phones during class, passing periods, and during lunch



But why?!?

The WHY

Because we care about you, your learning, your health, and your safety

And that means we want to enhance the learning environment and promote a focused and productive educational experience.



The WHY

Stay engaged ... take risks!

Have you ever wanted to raise your hand or ask a question but didn't because you worried about what someone might think? Or maybe you worried someone might take a video and post it?

School should be a SAFE place to engage, take risks, and learn!



The WHY

Source of distraction

Cell phones serve as a significant distraction in and out of the classroom. By keeping phones away you are less likely to be distracted by:

- Social media
- Games
- Non-academic activities
- Become anxious

The WHY

Source of distraction

And you are MORE likely to:

- Concentrate on assignments
- Focus better
- Participate in class discussions
- Participate in activities
- Make new friends



Can I still have my phone?

YES ... BUT

You will be allowed to have your phone with you but it will need to be turned OFF and stored away in your backpack.



But I need my phone for HW!

Do you?!?

Every student has a FCUSD issued Chromebook and all assignments will be able to be completed using this technology.



Research Backs This Up!

- 92% of students use phones to text or send messages in class and 10% admit to using them during tests
- 99% of teachers support restrictions on phones
- A 2020 study found that 78% of high and middle schools prohibited phones during class
- In 2019 CA became the first state to enact a bill granting schools state-backed authority to regulate phone use
- The average American checks their smartphone 352 times per day
- Silencing smartphones actually increases use
- 56% of children and adolescents use their smartphones after midnight at least 3 times per week



Research Backs This Up!

- Almost $\frac{2}{3}$ of children spend four hours or more per day on their smartphones
- 72% of parents feel their teenagers are distracted by smartphones during in-person conversations
- Smartphone addiction correlates with anxiety, depression, and other mental health issues
- 46% of heavy phone users experience cyberbullying on their cell phones
 - These can include scary phone calls, abusive text or social media messages, offensive picture messages or humiliating videos



Research Backs This Up!

- A study from the Journal of Child Development found that cellphones can cause sleep problems which can lead to depression, anxiety, and behavioral issues.
- Phones cause sleep problems because of the blue light they create.





The mission of FCUSD:

FCUSD is committed to providing excellence in educational programs that carry high expectations for each student's success. In collaboration with our community, the mission of FCUSD is to ensure all students demonstrate high levels of learning through our commitment to continuous cycles of improvement, transformative social emotional learning, and engaging, culturally responsive instruction.



To fulfill this mission, it is our job to
make sure you have the best,
safest learning environment.



But mistakes
happen . . .

Violation Consequences

- **1st violation**, student will be given a warning.
- **2nd violation**, student will be assigned a lunch detention and be required to meet with administration during an assigned Flextime, with a parent contact.
- **3rd violation**, student will be assigned two days lunch detention, with parent contact.
- **4th violation**, student will be assigned a Thursday after school detention with parent contact.
- **5th violation**, student will attend a parent meeting with an administrator and may be required to check-in their phone to the front office daily.

** The school is not responsible for lost/broken/stolen items.**





Thank you!

Do you have any questions?





Credits.

Presentation Template: [SlidesMania](#)

Sample Images: [Unsplash](#)

Fonts used in this presentation: DM Sans and Quicksand

Editable Icons





Free themes and templates for
Google Slides or **PowerPoint**

NOT to be sold as is or modified!

Read [FAQ](#) on slidesmania.com

Do not remove the slidesmania.com text on the sides.

Sharing is caring!

