



Office of Secondary Instruction

June 1, 2013

Dear Parent/Guardian of High School Health Student:

California state law requires that HIV/AIDS prevention education is taught in middle school and in high school. If comprehensive sexual health education is taught, the District shall follow state laws (California *Education Code* Section 51933). The District may not pick and choose topics to teach.

HIV/AIDS prevention instruction includes:

- Information on HIV/AIDS and how it affects the body.
- How HIV is and is not spread.
- Discussion of ways to lower the risk of HIV, including:
 - Sexual abstinence and the latest medical information on ways to prevent sexually transmitted HIV infection.
- Discussion of the public health issues related to HIV/AIDS.
- Places for HIV testing and medical care.
- Making good decisions and staying away from risky activities.
- Discussion about society's views on HIV/AIDS, and people with HIV/AIDS.

You can examine instructional materials at your student's home school. If you have questions, please see the teacher or principal. State law allows you to remove your student from comprehensive sexual health education or HIV/AIDS prevention education. If you *do not want your student to participate* in the comprehensive sexual health or HIV/AIDS prevention instructional program, please provide a note to your student's Health teacher by September 6, 2013.

The goal of a comprehensive sexual health education program is to help students learn the facts and to make good decisions now, and later in life.

Sincerely,

A handwritten signature in cursive script that reads "Janie DeArcos".

Dr. Janie DeArcos
Assistant Superintendent, Secondary Instruction