



Carl Sundahl Elementary School

DOLPHIN DATELINE

www.carlsundahl.com 989-9182 (Fax 989-2510)

March 18, 2009

March 18 – 24, 2009

Art Ark on campus

Thursday, March 26, 2009

Dazzling Dolphin Dessert Day
6-7pm – Primary Read In



LOST AND FOUND RACK

Parents, please have your student check the lost and found rack in the multi. We have an abundance of clothing items that have not been claimed. All items left on the rack by the end of the school day on Friday, April 3, 2009 will be donated to a local charity. Thank you.

Friday, March 27, 2009

“Shades Day” – Sponsored by Student Council

Thursday, April 2, 2009

7-8:30pm – Talent Show

CARL SUNDAHL FOUNDATION FUNDRAISER

Advertise in the Carl Sundahl Foundation Calendar. It is a 15 month calendar and will be available in the spring of 2009. It's a new affordable opportunity for advertising.

- ◆ Your ad in our calendar reaches 400+ family oriented homes.
- ◆ Your business ad is placed in our newsletter quarterly going home with each student.
- ◆ Your business ad is placed on the Carl Sundahl Foundation website.

Visit our website for more information:

www.carlsundahlfoundation.com

Primary Read In

The Primary Read In for grades K – 2 will be held on Thursday, March 26 from 6 to 7pm in the multi. Please come with your favorite books to read, pillows and a blanket. You can even wear your pajamas! There will be time for silent reading, reading together and story telling by our terrific teachers. We are looking forward to a fun night of reading! We hope to you there.

Reminder

Cell phones and PDA's are not allowed on the playground or in the classroom during the school day. They are only to be used before or after school. Thank you for reminding your students about this rule.

Donation of the Month

This month's donation item is 8-1/2 x 11 white copy paper. Parent donations have been very generous and we are extremely grateful to those that have made donations. Please drop off donations in the school office. Thank you for your continued support.

Spring Pictures

Please remember to return your student's pictures if you do not want to purchase them or submit payment for the pictures you want to purchase. Pictures and/or money need to be returned to school by Friday, March 27, 2009. There are no retakes for Spring Pictures.

Foundation Auction 2009 – Carnival Fun for the Entire Family!

Please save the date! On Saturday, April 25 the Carl Sundahl Foundation will hold a family friendly auction from 3 to 6pm at Carl Sundahl Elementary School. There will be fun for the entire family!

Do you have donations? Part of the event will be a silent and live auction. If you have something you would like to donate (vacation homes, spa services, books, gift certificates, etc.) please contact Kristen Metzinger at 989-1088 or metzingerk@sbcglobal.net.

DRESS CODE REMINDER

As the weather changes and gets a little warmer, please review the dress code in your Parent/Student Handbook. Remember, no spaghetti straps, halter tops or midriff exposure. Skirts and shorts must be fingertip length. Flip flops are not allowed – shoes need to have backs or straps.

Dear Parents and Guardians:

This is to inform you that two students at Carl Sundahl have developed Fifth Disease. Fifth Disease is a mild disease caused by a virus, and is the "fifth" most common childhood rash disease. Direct contact from mucus membranes such as the nose or mouth, or inhaled droplets that are coughed or sneezed in the air is how Fifth Disease is spread. Symptoms may appear from 4-18 days after exposure.

Fifth Disease is most common in late winter or early spring and is characterized by a red rash that usually begins on the face and has the appearance of "slapped cheeks". After 24 hours, a lace-like rash spreads to the body, arms, hands, legs and feet. This rash sometimes disappears and then reappears and may last from 2-39 days. Heat, cold, exercise and sunlight may cause the rash to reappear for short periods. A mild fever lasting 3-4 days may accompany or precede the rash. Some children may also experience headaches and stomach upsets, but usually there are no other symptoms.

There is no treatment for Fifth Disease. Children are contagious from 2 weeks to 3 days before the appearance of the rash. Children usually feel well and are not contagious once the rash appears and may remain in school as long as a fever is not present. As with all infectious diseases, the importance of frequent hand washing and use of disposable tissues needs to be stressed with your children.

Adults who get Fifth Disease may have the rash, a fever and body aches. Women need to be careful about exposing themselves to any virus during the first 3 months of pregnancy. Pregnant women should contact their physician if exposed to Fifth Disease as a small risk of miscarriage exists in women infected with the Fifth Disease virus.

Please contact your physician if you have any questions or concerns about Fifth Disease.

Sincerely,

Donna Chulos Hays
Principal

Denise Ryhal
School Nurse