



Folsom Cordova Unified School District

Fitness Club Membership Information



FCUSD has arranged corporate or promotional programs with several clubs

24 Hour Fitness Rose Olsen 952-0052	Folsom Health & Wellness Center Lisa 932-1200	California Family Fitness Steve Jones 625-9100 ext 208	Spare Time Clubs www.broadstone.com
<ul style="list-style-type: none"> No processing or enrollment fees for all employees. \$32.99 per month (limited to one club location) \$34.99 per month (access to all club locations) 	<ul style="list-style-type: none"> Monthly prices vary from \$49 to \$69 depending on length of contract Processing fees vary from \$49 to \$149 Also have location in Roseville Near Folsom Lake College Classes, child care, spa services 	<ul style="list-style-type: none"> Month-to-month contracts, no processing fees if sign up during district scheduled enrollment times/locations. \$59.00 per month (access to all club locations) Monthly dues could decrease to \$49.00, \$44.00, or \$39.00 based on number of employees participating \$44.00 per month (limited access) 	<ul style="list-style-type: none"> Low initiation fee available. Special values on memberships. <p>Broadstone Racquet Club 983-9180 El Dorado Hills Sports Club 933-4929 Gold River Racquet Club 638-7001 Johnson Ranch Racquet Club 782-2300 Plus: Laguna Creek Racquet Club, Natomas Racquet Club, Rio Del Oro Racquet Club, Twin Arbors Athletic Club, and Spare Time Indoor Tennis Center.</p>
<p>To sign up: Bring your District ID or a pay stub to your local 24 Hour or call Rose for more info. Online link available soon</p>	<p>To sign up: Bring your District ID or pay stub to 2575 East Bidwell St in Folsom</p>	<p>To sign up: Folsom & RC clubs will be offering special sign up tables at the clubs in January or call Steve for more information.</p>	<p>To sign up: Bring your ID to Broadstone or any locations and request corporate membership Call for Quarterly Specials</p>

The District's medical providers, Health Net, Kaiser and Western Health Advantage, may also offer discounts for other services:

Health Net: (www.healthnet.com) 24 hour Fitness, California Family Fitness, Creekside Fitness, Curves, Fitness 19, Gold's Gym, Rio Del Oro Racquet Club, and Roseville/Folsom Health and Wellness. Health Net also offers discounts to Jenny Craig and Weight Watchers.

Kaiser: (www.kaiserpermanente.org) California Family Fitness, Curves, Rollingwood Racquet Club, Roseville Health and Wellness Center, and Willow Creek Health & Racquet Club. Kaiser also offers a discount to Weight Watchers.

Western Health Advantage: (www.westernhealth.com) California Family Fitness

